1. COURSE DESCRIPTION – GENERAL INFORMATION			
1.1. Course teacher	Prof. Goran Leko, Ph.D. Assist. Prof. Dajana Karaula	1.6. Year of the study programme	3
1.2. Name of the course	**TEACHING METHODOLOGY IN SWIMMING**	1.7. Credits (ECTS)	3,5
1.3. Associate teachers		1.8. Type of instruction (number of hours L + S + E + e-learning)	45 (27P+18V)
1.4. Study programme (undergraduate, graduate, integrated)	Integrated	1.9. Expected enrolment in the course	180
1.5. Status of the course	Compulsory	1.10. Level of application of e-learning (level 1, 2, 3), percentage of online instruction (max. 20%)	

2. COURSE DESCRIPTION	
2.1. Course objectives	Learn the necessary theoretical and practical knowledge on methods of teaching non-swimmers, methods of teaching basic techniques of swimming, basic procedures for rescuing an injured person in water and their application in education, recreation and sports.
2.2. Course enrolment requirements and entry competences required for the course	Sufficient proficiency in swimming demonstrated at the classification procedure
2.3. Learning outcomes at the level of the programme to which the course contributes	Students will acquire the necessary theoretical and practical knowledge for carrying out teaching topics of non-swimmers education and improving the knowledge of swimming of children of school age according to the PE curriculum in elementary schools. They will also be able to independently organize non-swimmers training courses within schools, sports associations, swimming clubs, faculties and recreation.
2.4. Learning outcomes expected at the level of the course (4 to 10 learning outcomes)	Students will be able to: - Understand hydromechanical and hydrodynamic basics of swimming; - Understand the methodological principles of training non-swimmers; - Apply methodological procedures for the improvement of swimming knowledge; - Apply methodological procedures in the teaching of non-swimmers; - Independently conduct non-swimmers training; - Understand the basic principles and procedures of rescuing an injured person in water; - Respond promptly to casualties of swimmers in water.
2.5. Course content broken down in detail by weekly class schedule (syllabus)	Theoretical lectures - Hydromechanical and hydrodynamic basics of swimming (1L) - Specifics of non-swimmer training (2L) - Non-swimmers training curriculum (2L) - The method of learning basic swimming techniques (2L) - Assistance to an injured person in the water (2L)

	Theoretical-practical lectures and exercises at the pool - Non-swimmers training – getting accustomed to water (methodical learning process, sense of water resistance, water immersion of the head, looking under water) (1TPL) - Non-swimmers training – getting accustomed to water (methodical breathing, floating, slip training) (1TPL) - Water games (1TPL) - Methodological foot jumps learning (1TPL) - Methodological head jumps learning (1TPL) - Methodological front crawl techniques learning (legs, arms, coordination) (3TPL) - Methodological backstroke techniques learning (legs, arms, coordination) (3TPL) - Methodological breaststroke techniques learning (legs, arms, coordination) (3TPL) - Rescue procedures for injured persons in water (2TPL) - Teaching rescue techniques (rescue leap, swimming rescue techniques, helping swimmers, rescue action) (3E) - Demonstration lesson for children non-swimmers (Fred's Method) (1TPL) - Demonstration lessons for children with special needs (1TPL) - Teaching non-swimmers (checking initial swimming knowledge, getting accustomed to water, breathing exercises, floating, slipping, jumps, head jumps, methodical techniques of front crawl swimming, methodical technique of backstroke swimming, methodical technique of breaststroke swiming, diving exercises, exercises of safety and resourcefulness, final testing of the learned swimming knowledge) (field work) (15E)					
2.6. Format of instruction:	☒ lectures ☐ seminars and workshops ☒ exercises ☐ on line in entirety ☐ partial e-learning ☒ field work		☒ independent assignments ☐ multimedia and the internet ☐ laboratory ☐ work with mentor ☐ (other)		2.7. Comments:	
2.8. Student responsibilities	Regular class attendance, active class participation and active field work participation.					
2.9. Screening student work *(name the proportion of ECTS credits for each activity so that the total number of ECTS credits is equal to the ECTS value of the course)*	Class attendance	0,50	Written exam	1,25	Project	
	Experimental work		Research		Practical training	1,25
	Essay		Report		Field work	0,5
	Tests		Seminar essay		(other)	
			Oral exam		(other)	
2.10. Grading and evaluating student work in class and at the final exam	Class attendance 14% Written exam 36% Practical training 36% Field work 14%					
2.11. Required literature (available in the library and via other media)	Title				**Number of copies in the library**	**Availability via other media**

	1. Grčić-Zubčević , N., D. Zoretić (2015). Poduka neplivača. Recenzirani nastavni materijal. Kineziološki fakultet Sveučilišta u Zagrebu.		Course website
	2. Grčić-Zubčević, N., Marinović, V. (2009). Igre u vodi za djecu predškolske dobi. Zagreb: izdanje autora. (Sveučilišni priručnik)	10	
	3. Grčić-Zubčević , N., D. Karaula (2016). Spašavanje iz vode. Recenzirani nastavni materijal. Kineziološki fakultet Sveučilišta u Zagrebu.		Course website
2.12. Optional literature (at the time of submission of study programme proposal)	1. Grčić-Zubčević, N. (1997). Efikasnost različitih programa te mogući čimbenici uspješnosti učenja plivanja. (Disertacija), Zagreb: Fakultet za fizičku kulturu. 2. Karaula, D., N. Grčić-Zubčević, G.Leko (2016). Metodika učenja plivačkih tehnika. Recenzirani nastavni materijal. Kineziološki fakultet Sveučilišta u Zagrebu. 3. Rastovski, D., N.Grčić-Zubčević, I. Szabo (2016). Kako plivati. Sveučilišni udžbenik. Sveučilište Josipa Jurja Strossmayera u Osijeku. Fakultet za odgojne i obrazovne znanosti.		
2.13. Quality assurance methods that ensure the acquisition of exit competences	Anonymous student survey		